

CSTS Electronic Resources

Available at: www.cstsonline.org

	Healthcare Provider	Community Leader	First Responder	Teacher	Parent	Deployment	Natural Disaster	Community Violence	Terrorism
A Parent's Guide to Returning Your Child to School After a Concussion					•				
Active Shooter: What You Can Do to Mitigate Harm		•						•	
Addressing the Needs of the Seriously Mentally Ill in Disaster	•					•	•		
Body Recovery and Stress Management for Leaders and Supervisors		•	•				•		
Business Leadership in Bioterrorism Preparedness		•					•		•
Coping with Stress Following a Mass Shooting	•	•	•	•	•	•			
Courage to Care for Me: Tips for Caring for Newborn and Yourself					•				
Courage to Care: Addressing Alcohol Misuse (Provider)	•					•			
Courage to Care: Adherence Addressing a Range of Patient Health Behaviors	•					•			
Courage to Care: Advancing the Health of the Family Left Behind					•	•			
Courage to Care: Asking for Help (Provider & Family Versions)	•				•	•			
Courage to Care: Becoming a Couple Again					•	•			
Courage to Care: Caring for Your Family During Flu Season					•				
Courage to Care: Depression in Primary Care	•					•			
Courage to Care: Flu Season, a Teachable Moment	•					•			
Courage to Care: Fostering Safety, Health, and Preparedness (Archive)	•					•			
Courage to Care: Health Literacy (For Provider)	•					•			
Courage to Care: Helping Children Cope During Deployment					•	•			
Courage to Care: Helping National Guard and Reserve to Re-Enter Workplace		•							
Courage to Care: Invisible Injuries of War (For Provider)	•					•			
Courage to Care: Primary Care Strategies to Foster Male Health Care Seeking	•					•			
Courage to Care: Psychological First Aid	•	•				•			
Courage to Care: Public Health Emergencies (Provider & Family Versions)					•				
Courage to Care: Reintegration Roadmap	•					•			
Courage to Care: Suicide Facts for Primary Care Providers	•					•			
Courage to Care: Sustaining Healthcare Continuity (Provider)	•					•			
Courage to Care: The Health Consequences of Disasters and Evacuation	•					•			
Courage to Care: Traumatic Brain Injury (Provider)	•					•			
Debriefing Debate	•	•				•	•		
Emergency Planning, Preparation, and Responses for Families					•				
Evidence-Based Management for Acute Stress Disorder (ASD)	•					•			
Evidence-Based Management for Posttraumatic Stress Disorder	•					•			
Families Managing the Stress of Children After Crisis					•				
From Injury to Home	•					•			
Funerals and Memorials: A Part of Recovery	•	•				•	•		
Grief Leadership: Leadership in the Wake of Tragedy	•	•				•	•	•	
Guidelines on Notifying Families of Dead or missing Loved Ones	•	•				•	•	•	

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Hazardous Materials Cleanup and Continuous Operations		•							
Health Behaviors to Decrease Risk of Flu Transmission	•					•			
Information for First Responders on Emotional Reactions to Human Bodies in Mass Death			•						
Information for Healthcare Providers in Body Recovery from Mass Death	•					•	•		
Information for Relief Workers Emotional Reactions to Human Bodies from Mass Death			•						
Initial Primary Care Screening for Severe Psychiatric Illness	•					•	•		
Japan Disaster: Overview for American Military Leaders		•					•		
Leadership and Supervision for Body Recovery in Mass Death		•							
Leadership in the Wake of Disaster or Tragedy (Disaster & Tragedy versions)		•							
Leadership Stress Management		•							
Managing a Workplace or Organization After Crisis		•							
Media Management in Body Recovery from Mass Death (English & Chinese)		•	•				•		
Military Leadership in Stressful Situations		•				•			
Post Deployment Health and Distress Responses: Overview for Practitioners	•					•			
Post-Traumatic Stress in Disaster First Responders			•						
Preparing, Responding and Coping with the Stress of Mass Shootings	•	•	•	•	•	•			
Protecting Personal and Family Safety	•	•		•	•	•			
Providing Safety, Recovery and Hope to Communities After Crisis		•							
Psychological and Behavioral Issues Following a Radiation Event (Providers)	•		•			•			
Psychological First Aid (English, Chinese, Japanese)	•		•			•		•	•
Recovery in the Aftermath of Workplace Violence: Guidelines for Supervisors		•							
Resources for Recovery (Physical Injury and Intimacy & Intimacy and Health versions)	•					•			
Resources for Recovery (The Combat Injured Family, Guidelines for Care)	•					•			
Resources for Recovery (Impact of Traumatic Brain Injury on Military Families)	•					•			
Resources to Support Those Impacted by the School Shooting in Oregon	•	•		•	•	•		•	
Restoring a Sense of Safety in the Aftermath of a Mass Shooting (Parents & Professionals)	•				•	•	•	•	
Restoring Sense of Well-Being in Children After a Disaster				•	•				
Safety Recovery and Hope after CRISIS Helping Communities and Families Recover		•			•				
Shooting (Workplace; San Bernadino, CA; Charleston, SC; Orlando, FL versions)	•	•	•	•	•	•		•	
Stress Management for Parents					•				
Sustaining Caregiving and Psychological Well-Being While Caring for Disaster Victims		•	•				•		
Teachers Helping Students: Listening and Talking				•					
Terrorism and Disaster (Suicide Bombing & Psychiatric Sequelae of a 9/11 Survivor versions)	•	•	•			•	•		•
Terrorism and Disaster (Sarin & Staphylococcal Enterotoxin B versions)	•	•	•			•	•		•
Terrorism and Disaster (Viral Hemorrhagic Fevers & Pneumonic Plague versions)	•	•				•	•		•

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